

GRESHAM HIGH SCHOOL P.E. POLICIES

GENERAL GUIDELINES AND RULES:

1. Students are responsible for buying their own lock and securing their possessions. The tall lockers can only be occupied during your P.E. class period. Store your uniform in a small locker after class. Locks left on tall lockers will be subject to removal. Locks can be purchased at the bookkeeper.
2. Report all accidents to the P.E. teacher immediately.
3. Any physical condition (such as allergies, epilepsy, asthma, etc.) that the P.E. department should be aware of, needs to be reported to the teacher at the beginning of the year.
4. Report all lost or stolen articles to the P.E. teacher as soon as possible. Security cameras can be checked.
5. No running or horseplay in the locker room.
6. Students are not allowed in the dressing rooms while class is in session except with teacher permission.
7. Any defective equipment should be reported to the instructor. If a student deliberately damages equipment, he/she may be required to pay for it and may be removed from the class.
8. Students are not allowed to have food or gum during PE class. Water bottles are okay.
9. Students are not allowed to bring or use their electronic devices during PE class.

UNIFORMS:

1. Students are required to dress down for PE class in appropriate fitness attire.
2. Shirts can be long sleeve, short sleeve or sleeveless but no tank tops or torn or altered shirts.
3. Shorts must hang down to mid thigh.
4. Athletic sweat pants, tights/yoga pants are acceptable. . Jeg-Jeans and joggers are not fitness attire.
5. Non marking athletic shoes are required for P.E. Hiking boots, all-purpose boots and sandals are not acceptable.
6. GHS PE shirts and shorts can be purchased from the bookkeeper across from the attendance office. Bring receipt to your PE teacher. No charges will be put on student accounts.
7. Dangling jewelry must be removed prior to class.
8. A swimsuit and towel will be required for the swimming units.
9. Backpacks must be left in PE or hall locker and are not allowed to be brought to PE class.

NON-DRESS POLICY

1. Students not dressed in full PE uniform are still required to participate in PE class.
2. Depending upon the PE class, clothes worn by the student and nature of activity students may be required to participate in an alternate activity for that class period or be assigned book work in the detention room.
3. Students not dressed in full PE Uniform will earn reduced credit for class participation. Students refusing to participate will be written a referral for insubordination and can't make up credit for that class period.

ATTENDANCE

1. Students should refer to the school attendance policy.
2. Absences (excused or unexcused), medical excuses and non dress days result in no points for that class period.

TARDIES:

1. Students must be in their locker room when tardy bell rings. Students will additionally have five minutes after the tardy bell rings to dress and to get to the assigned meeting area for roll. Locker rooms are locked 5 minutes after the tardy bell rings and no students will be allowed in to dress.
2. Students consistently tardy to class will be assigned detention or referred to administration.

MAKE UP POLICY

1. Only excused absences and medical excuses can be made up.
2. To make up a class, a student can participate in a P.E. class during a free period. There will be make-ups at GHS on a Saturday morning (8:00-12:00) prior to the end of the 18 weeks grading period and on some late arrival days throughout the semester. Swimming make-ups must be done in the pool.
3. All make-ups must be done at Gresham High School unless specific arrangements have been made with PE teacher due to special circumstances. Students must be dressed in athletic attire to participate in make-ups

PARTICIPATION AND EXCUSES:

1. Because PE is a participation class, students need to dress down and participate every day. Non participation will negatively affect the student’s grade.
2. A medical non-participation of more than two days requires a doctor’s note. Parental email/notes may be accepted with teacher discretion.
3. If the medical excuse allows, we do encourage students to dress down for class. When appropriate instructor may modify the activity so the student can earn credit for that day.
4. Consistent, full participation in cardiovascular activities are the basis for G.H.S. Physical Educations classes to meet state content standards. Students with short term modifications limiting full participation in cardiovascular activities can earn partial credit for modified (limited) participation in class cardiovascular activities but may be required to make-up some or all those activities to earn full credit at a later time.
5. Students with long term physical activity modifications that limit participation in physical activity may be removed from the class or moved to another PE class to better accommodate the modifications.
6. Any student who refuses to participate in class may be subject to disciplinary action. Non-dress students are required to participate in the class activity if their attire is appropriate for the activity.
7. Athletes are required to participate in class on game days.
8. Students will be marked down for using the bathroom during class time.
9. Students missing PE class for school related activities do not need to make up PE class for that day.

END OF PERIOD POLICY:

1. Students must go to the locker room and remain there until the dismissal bell rings.
2. If a student leaves the locker room early, they will be marked down for that class period.

GRADING POLICY:

1. It is the opinion of the P.E. Department that a student who attends regularly, cooperates in class, is knowledgeable of the activities and tries to the utmost of their ability, will succeed in P.E. class.
2. PE teachers at GHS grade on a standards based grading system.

As a student/parent of a student in Physical Education at Gresham High School, I have read and do understand the P.E. policies.

Student’s name (print legibly)

Student’s signature

Parent’s signature

Home phone

Date

Email address

Please list any existing medical conditions or concerns.