

GRESHAM HIGH SCHOOL P.E. POLICIES

GENERAL GUIDELINES AND RULES:

1. Students are responsible for buying their own lock and securing their possessions. The tall lockers should only be occupied during your P.E. class period. Store your uniform in a small locker after class. Locks left on tall lockers will be subject to removal.
2. Report all accidents to the P.E. teacher immediately.
3. Any physical condition (such as allergies, epilepsy, asthma, etc.) that the P.E. department should be aware of, needs to be reported to the teacher at the beginning of the year.
4. Report all lost or stolen articles to the P.E. teacher as soon as possible. Security cameras can be checked.
5. No running or horseplay in the locker room.
6. Students are not allowed in the dressing rooms while class is in session except with teacher permission.
7. Any defective equipment should be reported to the instructor. If a student deliberately damages equipment, he/she may be required to pay for it and may be removed from the class.
8. Students are not allowed to have food or gum during PE class. Water bottles are okay.
9. Students are not allowed to bring or use their electronic devices during PE class.
10. Students not complying with rules 9 and 10 may be assigned detention for continued offenses.

UNIFORMS:

1. The G.H.S. P.E. uniform is required for participation in P.E. classes and all P.E. make up sessions. Students will not be allowed to participate in school clothes. If they do not have P.E. clothes, they will receive zero points and may be asked to stand or walk for the duration of the class. **PE uniform is a gray T-shirt and royal blue athletic shorts. PE uniform may be purchased from Gresham High School per availability for \$20.00 or provided at your own expense. Students providing their own uniform must have a solid gray T-shirt and athletic shorts must be mid-thigh length and royal blue with minimal brand logos/stripes on them.** Pay the bookkeeper across from the attendance office and bring receipt to your PE teacher. No charges will be put on student accounts.
2. Backpacks must be left in PE or hall locker and are not allowed to be brought to PE class.
3. Athletic shoes are required for P.E. Hiking boots, all-purpose boots and sandals are not acceptable.
4. Dangling jewelry should be removed prior to class.
5. Torn or altered uniforms are not acceptable.
6. Students must wear their own uniform.
7. Sweatshirts and sweatpants may be worn over the required P.E. uniform during cold weather.
8. A swimsuit and towel will be required for the swimming units.

NON-DRESS POLICY

First/second non-dress: Student warning, 0 points earned (cannot be made up)

Third non-dress: 0 points earned, parent notified, detention assigned (cannot be made up)

4th and subsequent non-dresses: 0 points earned, student referred to administrator.

ATTENDANCE

1. Students should refer to the school attendance policy.
2. Absences (excused or unexcused), medical excuses, and non dress days result in no points for that class period.

TARDIES:

1. Students must be in their locker room when tardy bell rings. Students will additionally have five minutes after the tardy bell rings to dress and to get to the assigned meeting area for roll. Students tardy to locker room or assigned meeting area will lose points for each tardy.
2. If tardiness becomes a problem, additional disciplinary action may result including detention and referral to administrator.

MAKE UP POLICY

1. Only excused absences and medical excuses can be made up. Non-dresses cannot be made up.
2. To make up a class, a student can participate in a P.E. class during a free period (late arrival, early dismissal). There will be make-up days at GHS on a Saturday morning (8:00-12:00) prior to the end of the 18 weeks grading period and on some late arrival days. Swimming make-ups must be done in the pool.
3. All make ups must be done at Gresham High School. The GHS P.E. uniform must be worn to participate.
4. All make ups must be done within the 6 weeks grading period that the classes were missed. If a student is absent during the last week of the grading period, they have an additional two weeks to make up their P.E.

PARTICIPATION AND EXCUSES:

1. Because this is a participation class, students need to dress down and participate every day. Non participation will negatively affect the student's grade.
2. A medical non participation of more than two days requires a doctor's note. Parental notes may be accepted with teacher discretion.
3. If the medical excuse allows, we do encourage students to dress down for class. When appropriate instructor may modify the activity so the student can earn points for that day.
4. Consistent, full participation in cardiovascular activities are the basis for G.H.S. Physical Educations classes to meet state content standards. Students with modifications limiting full participation in cardiovascular activities can earn partial credit for modified (limited) participation in class cardiovascular activities but may be required to make-up those activities to earn full credit at a later time.
5. Any student who refuses to participate in class may be subject to disciplinary action. Non-dress students may be required to stand or walk during the period.
6. Athletes are required to participate in class on game days.
7. Students will lose points for using the restroom during PE class.

END OF PERIOD POLICY:

1. Students must go to the locker room and remain there until the dismissal bell rings.
2. Students must remain seated on the benches and not crowd the exit doors.
3. If a student leaves the locker room early, they will lose all of their points for the day.

GRADING POLICY:

1. It is the opinion of the P.E. Department that a student who attends regularly, cooperates in class, is knowledgeable of the activities and tries to the utmost of their ability, will succeed in P.E. class.
2. Participation points (4-10 points depending on the teacher's grading system) can be earned each day.

As a student/parent of a student in Physical Education at Gresham High School, I have read and do understand the P.E. policies.

Date

Student's name (print legibly)

Student's signature

Parent's signature

Home phone

Email address

Please list any existing medical conditions or concerns.